

Eating for Climate and Health

Our food system and how it must change

In this free, on-line talk, PhD researcher Kate Sievert will explore the interrelationship between what we eat, our food system, the environment and climate change.

Ms Sievert will discuss the bidirectional relationship of food systems and the environment, how future food systems may look like if current production and consumption practices continue, and the role of big corporations in shaping our food system and our diets. She will describe what a healthy and sustainable diet looks like and what governments and individuals can do to support healthier people and a healthier planet

There will be time for discussion and questions.

We know that changing our diet can be good for our health. But it can also be good news for the planet and climate change!

Monday

April 4

7.00pm

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8.15 pm



[Register Here](#)



OUR SPEAKER: Kate Sievert is completing her PhD with the School of Exercise and Nutrition Sciences at Deakin University. She holds a Bachelor of Arts (Philosophy) and Master of Public Health. Her research focusses on the political economy of the food system, especially the power and influence of big companies in the meat industry. Kate is also a co-founder and executive committee member of the advocacy group, Healthy Food Systems Australia. She has also contributed to policy for the World Health Organisation and the Public Health Association of Australia.

This talk is organised as part of the Synod Climate Action Strategy and the Living the Change initiative. For more information contact Jon O'Brien on joo'Brien@uniting.org